

COVID-19 AWARENESS PROGRAMME



The impact the COVID-19 has forced everyone to embrace huge change in the workplace culture. The immediate impact is on people. While there are a lot of misinformation about the Coronavirus, in this programme you will learn about the new Coronavirus, how it is transmitted and the basics of how to protect you from infection, especially at workplace.



LEARNING OVERVIEW

- ▶ **Part 1: Know facts about COVID-19**
 - What is COVID-19?
 - What are the concerns?
 - High risk group for COVID-19
 - Symptoms of COVID-19
- ▶ **Part 2: How can I protect myself?**
 - Identifying high risk areas
 - Maintaining safe distance
 - Best practices:
 - Wearing mask
 - Commuting to work
 - Wash and sanitise your hands
 - Temperature check
 - Work from home

INTENDED AUDIENCE

- ▶ Anyone who is willing to learn about the COVID-19 pandemic and the basic preventive measures to be taken for personal and public safety.

DURATION

- ▶ 3 hours classroom training
- ▶ Available under remote learning

PRICING & DETAILS

- ▶ MUR 1,500 per participant

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